

Shining Stars

The work of 800 volunteers recognized

See p. B-1.



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Staff Sgt. Matthew Ryan, 25th Infantry Division Public Affairs

Wolfhounds, place bricks at the "Unified Through Sacrifice Memorial" to commemorate their fallen comrades.

New bricks added to Schofield memorial monument

SGT. BRIAN C. ERICKSON

3rd Brigade Combat Team Public Affairs
25th Infantry Division

SCHOFIELD BARRACKS — Soldiers from 27th Infantry Regiment, "Wolfhounds," 25th Inf. Division, commemorated fallen Soldiers during a brick placement ceremony at the "Unified Through Sacrifice Memorial," Wednesday.

"One thing that is incredibly important about our Army is that we never forget those that we have served with and those who have given their lives fighting alongside us," said Maj. Gen. Kurt Fuller, commander, 25th ID.

The monument is dedicated to fallen comrades from World War II, Korea, Vietnam, Afghanistan and Iraq.

Ninety-four Soldiers were commemorated during the ceremony: 40 Wolfhounds lost during Contingency Operations Overseas and 54 Wolfhounds of Bravo, 1-27th Inf. Regt., lost during the tour of duty of Sgt. Rick

Waples between July 2, 1967, to June 5, 1968.

Waples was present for the unveiling and read the names of his fallen comrades.

"This memorial recognizes the veterans of past wars who are standing in support of the current generations of Tropic Lightning Soldiers, and that is a very powerful thing to me," said retired Lt. Col. Dan Wilson, former commander, 2-27th Inf. Regt.

The memorial was originally completed in 2006, but was expanded this past year. These 94 bricks are the first to be added since the memorial was expanded.

"I want to thank the outstanding veterans who worked so hard to make this ceremony possible, and also serve diligently in the great organizations who help us always remember the awesome legacy we have been blessed with by those who served before us," said Fuller.

(Editor's note: As of press time, Maj. Gen. Kurt Fuller was still commander, 25th ID.)



Sgt. Brian Erickson, 3rd Brigade Combat Team Public Affairs, 25th Infantry Division

Past and present Wolfhounds unveil the new bricks added to the memorial, Wednesday.



Staff Sgt. Matthew Ryan, 25th Infantry Division Public Affairs

Soldiers with the 27th Infantry Regiment, "Wolfhounds," 25th Inf. Division, place bricks at the "Unified Through Sacrifice Memorial," Tuesday, before the Wednesday unveiling.

Gov proclaims May 'Hawaii Military Appreciation Month'

CHAMBER OF COMMERCE HAWAII
News Release

The Military Affairs Council (MAC) of the Chamber of Commerce Hawaii joins Governor Neil Abercrombie, today, who will hold a proclamation ceremony designating May 2014 as the 29th Annual Hawaii Military Appreciation Month (HMAM).

The ceremony will honor service members from each of the seven Hawaii-based commands for their outstanding community service contributions.

The ceremony is to be followed by a recep-



tion at Lt. Gov. Shan Tsutsui's office, where invited leaders will have an opportunity to thank and pay tribute to the honorees.

Seven honorees from the U.S. Pacific and each component command will be presented with a commendation certificate for their outstanding individual community service contributions.

The MAC, comprised of business leaders, retired military flag and general officers, and strategic consultants versed in military affairs, was established by the Chamber in 1985 to promote, preserve and protect the military's presence in Hawaii, and to serve as the advocate for military and their families.

"We're honored to join Governor Abercrombie in recognizing and honoring the military's everyday contributions to our great state," said Charlie Ota, Chamber vice president of Military Affairs. "This event provides an opportunity for our government, business and other community leaders to express their deep appreciation and gratitude for the daily sacrifices by service members and their families, which often go untold."

This event will be streamed live and accessible at: <http://governor.hawaii.gov/>.

The Honorees

- Senior Airman Ethan Chambers, Pacific Air Forces;
- Petty Officer 2nd Class Charles Jam-bor, U.S. Coast Guard;
- Sgt. 1st Class James Morton, U.S. Pacific Command;
- Pfc. Darius Scott, U.S. Army-Pacific;
- Cpl. Thomas C. Tracy Jr., Marine Forces Pacific;
- Spc. Courtney Wiggins, Hawaii National Guard; and
- Petty Officer 3rd Class Jin Shen Yap, U.S. Pacific Fleet.

Who's Who

Attendees at the proclamation ceremony will include the following:

- Adm. Harry Harris, Jr., commander, U.S. Pacific Fleet;
- Maj. Gen. Anthony G. Crutchfield, chief of staff, U.S. Pacific Command;
- Maj. Gen. Paul McGillicuddy, chief of staff, Pacific Air Forces;
- Maj. Gen. Gary Hara, deputy commander, Army National Guard, U.S. Army-Pacific;
- Brig. Gen. Joseph Kim, deputy commander, Hawaii National Guard;
- Col. Jeff Davis, chief of staff, Marine Forces Pacific; and
- Capt. Marc Stegman, 14th Coast Guard District.

Sherry Menor-McNamara, president and CEO of the Chamber of Commerce Hawaii, is attending the ceremony, along with approximately 30 members from the MAC, including David Carey, president and CEO of Outrigger Enterprises and MAC chairman.

State elected officials attending include Senate President Donna Mercado Kim and Senator Will Espero and Representative Mark Takai, both of whom chair committees on Military Affairs.



Gen. Vincent Brooks, commander, USARPAC, places a wreath during the ANZAC Day Memorial Service at the National Memorial Cemetery of the Pacific, April 25. The ceremony recalls the sacrifices of the Australian and New Zealand Army Corps during World War I.

ANZAC forces commemorated

Story and photo by
AIR FORCE STAFF SGT. CHRIS HUBENTHAL

Defense Media Activity, Hawaii News Bureau

HONOLULU — The Australian and New Zealand Army Corps (ANZAC) Day Memorial Service was held at the National Memorial Cemetery of the Pacific, Friday, to honor the service and sacrifice of the ANZAC forces during World War I.

ANZAC Day commemorates the 1915 attack by Australian and New Zealand forces on Turkey during the Battle of Gallipoli.

More than 10,000 ANZACS lost their lives during the eight-month fight.

Australian Army Maj. Gen. Rick Burr serves as U.S. Army-Pacific deputy general of operations and is in the unique position of being a foreign officer commanding U.S. troops. Burr said the sacrifice of ANZAC forces were not in vain.

"It was during this grueling eight-month campaign, sustained from the beachhead of ANZAC Cove, that the true character and the true meaning of ANZAC was forged," Burr said. "Victory was not gained there, but meaning was won. The ANZACS helped create a sense of

identity for our new nations."

Burr also acknowledged the U.S. for its continued cooperation, friendship and leadership.

"Standing here at this hallowed ground at the United States National Memorial Cemetery of the Pacific is a poignant reminder of our collective commitment to shared values that are worth defending," Burr said. "We humbly acknowledge the extraordinary sacrifice of the United States and for its leadership in the world."

Gen. Vincent Brooks, commander, USARPAC, laid a wreath to honor the memory of the fallen ANZAC forces.

"The Australians and New Zealanders have been beside us in so many conflicts, so it's only fitting that we would be out here to commemorate with them today," Brooks said. "It's an honor to be able to carry on tradition and to recognize those who have gone before us, and we have a solemn obligation to maintain that closeness that existed on those battlefields so many years ago."

The 2014 ANZAC Day marked the 99th anniversary of the battle at Gallipoli and has been honored in Honolulu by the U.S. and its Pacific allies for more than 40 years.



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8th TSC holds CSM change of responsibility

Story and photo by
STAFF SGT. GAELLEN LOWERS
8th Theater Sustainment Command
Public Affairs

SCHOFIELD BARRACKS — Soldiers of the 8th Theater Sustainment Command held a ceremony on Hamilton Field, April 25, to bid farewell to Command Sgt. Maj. Nathan J. Hunt III as he relinquished responsibility as the command’s senior enlisted leader to Command Sgt. Maj. Charles M. Tobin.

During his time with the command, Hunt’s accomplishments were many, highlighted by the establishment of an impressive Sgt. Audie Murphy Club program, an outstanding focus on noncommissioned officer professional development, a safety-driven focus on motorcycle mentorship rides and the command’s best and brightest Soldiers through the Best Warrior competitions, said Maj. Gen. Stephen R. Lyons, commander, 8th TSC.

“He always accomplishes the mission, protects the force and grows our future,” said Lyons. “He is the epitome of calm, competence, character and professionalism. No matter the circumstance, I can always depend on Nathan Hunt as a friend, battle buddy and, most importantly, a leader of Soldiers.”

The ceremony was a time for remem-

brance and for a warm reception to Tobin and his family.

“I am always amazed at the impressive Army machine that can stack back-to-back leader talent in our most critical positions,” Lyons said. “(Tobin) has taken on all of the tough jobs at the tactical and operational levels and has excelled at every one of them.”

Hunt echoed Lyon’s statement and gave some advice to the incoming command sergeant major from his years of experience.

“There are several jobs in the Army for (command sergeants major) with a sustainment background, but not many that come with the direct ability to make a difference everyday in the lives of Soldiers or the satisfaction that comes with watching young leaders and organizations learn, grow and achieve,” Hunt said. “It’s all here.”

The change of responsibility ceremony concluded with Tobin taking control of the formation, retiring the colors and commenting on his bio.

“I’m not a big fan of the bio,” said Tobin. “Because, it is not about what I’ve done in the past, but what I do from this point forward. I’m here to take care of Soldiers, DA (Department of the Army) civilians, contractors and family members. Thank you for this opportunity.”



Maj. Gen. Stephen Lyons (left), commander, 8th TSC, passes the ceremonial NCO sword to Command Sgt. Maj. Charles Tobin, incoming senior enlisted leader, 8th TSC, symbolizing his assumption of responsibility during a ceremony on Hamilton Field, April 25.

BRIDGINGTHEBASICS

B2B is maintaining standards, discipline in garrison

SGT. MAJ. JAMES H. JACKSON
45th Special Troops Battalion
45th Sustainment Brigade
8th Theater Sustainment Command

As the backbone of the Army, noncommissioned officers serve as front-line trainers, small unit leaders and standard bearers to ensure that order, discipline and proper guidelines are maintained.

We are charged with the duty to supervise Soldiers and to shape, mentor and ensure that the welfare of Soldiers is always at the forefront.

Command sergeants major are standard bearers, gatekeepers and servants to the system. Our job is to ensure that all NCOs are taking care of our young Soldiers and teaching them how to be leaders.

We should carefully assess all junior leaders and ask ourselves the following questions: Did I provide them with all the right tools? Did I really show them what they needed to know? Did I do all



Jackson

I could have done to make them successful?

These are questions most parents will ask themselves when faced with children who have ventured off onto the wrong side of the law or simply found themselves in a bad situation. Similarly, noncommissioned officers in the Army feel just as responsible when their Soldiers do not always live up to the Army Values.

My mentality coming into 45th Special Troops Battalion was to establish a new foundation and conduct proper coaching, teaching and mentoring of my NCOs. I have used several approaches to help foster this environment and get junior leaders back to the basics. It starts with memorandums to all NCOs on standards of conduct while assigned to the STB, addresses what they can expect of me as the battalion command sergeant major and also what I expect of them as NCOs assigned to the battalion.

I schedule quarterly meetings with the battalion’s senior NCOs and solicit ideas on how we can continue to develop our junior leaders, stressing the word “our.” This method fosters relationships with senior leaders and reinforces their required involvement and need of sup-

Soldiers must understand that they represent their unit, installation and Army when they are off the installation.

port to ensure success.

We hold weekly battalion-level formations and conduct in-ranks inspections for adherence to AR 670-1 (Wear and Appearance of Army Uniforms and Insignia), conduct drill and ceremony, and barracks inspections. We acknowledge and reward the best Soldier, squad, platoon and company.

For NCO professional development, we select topics that allow young leaders to foster thought, interact with each other and discuss similar experiences in small groups. These sessions include instructions on standards and discipline, lessons learned from the different blotter incidents occurring within the battalion, and thinking through how they

could have been avoided or better handled.

We also discuss topics such as NCO Education System preparation and attendance, the Army Physical Fitness Test, vehicle and weapons maintenance, profiles and the impact of these statistics on unit readiness.

Every quarter ends with a battalion-level Warrior Challenge or athletic event that focuses on team building, esprit de corps and resiliency.

Sure, some may say these things are pretty basic to the average junior leader. However, you’d be surprised how many young leaders don’t address or enforce violations on basic standards, such as saluting, uniform standards, not walking and texting on one’s cell phone — more so simply enforcing the standards and discipline within their organizations.

When Soldiers are out of control and fail to maintain standards and discipline, they embarrass not only themselves, but also the entire military community. Soldiers must understand that they represent their unit, installation and Army when they are off the installation.

Remember, get back to the basics of soldiering and remind yourself that you are leaders and the guardians of standards.

FOOTSTEPS in FAITH

Retreat is an option when when ‘it’ happens to you

CHAPLAIN (CAPT.) JONATHAN SMITH
Headquarters and Headquarters Detachment
728th Military Police Battalion, 8th MP Brigade
8th Theater Sustainment Command

What does the word “retreat” mean to you?

Webster’s dictionary gives four definitions starting with “the act of retiring or withdrawing one’s self, especially from what is dangerous or disagreeable.”

In the military, there is more emphasis placed on resiliency and charging ahead in the face of adversity, especially from what is dangerous and disagreeable.

The idea of retreating can also be viewed as cowardice or overwhelming fear that prevents mission accomplishment.

Remember, it is difficult for a Soldier to lose ground, back up, back down or turn from a position they once held.



Smith

The motto of the French Foreign Legion states, “If I falter, push me on; If I stumble, pick me up; If I retreat, shoot me.”

Marriages often stumble and falter under the pressures or stress of life. Forrest Gump said, “It happens,” and sometimes “it” hits the fan and a marriage is suddenly in danger of falling apart. At that moment of time, in that season of frustration, what is said and done can damage the bonds of love between a couple.

To prevent or repair the threat of divorce or separation, a retreat may be a helpful solution. Not a retreat from each other, but with each other. Not a retreat of surrendering the vows or promises made, nor the temptation to forget the pleasant memories of the past. The retreat I am suggesting is defined by Webster’s as “a special season of solitude and silence to engage in religious exercises.”

Now subtract the solitude and silence, add marital enhancement classes, and you get a Strong Bonds training event. These retreats are designed to strengthen marriages by providing training through topics,

such as communication, loyalty, trust, understanding, problem solving, forgiveness and commitment.

Unit ministry teams (UMT) consisting of a chaplain and a chaplain assistant lead Strong Bonds events. If you’re interested in having a better marriage and want to attend a Strong Bonds event, please let your UMT know. The team will be glad to have you sign up.

The Bible says, “Marriage is to be held in honor among all” (Hebrews 13:4).

I love to see couples dedicated to staying together and willing to look beyond the momentary troubles they are facing. All of us could use the encouragement and support from those around us in keeping the vows of marriage.

Most, if not all of us, have participated or attended a wedding ceremony as witnesses to the promise given of “till death we do part” or the enlistment ceremony where you hear the plea “so help me God.” These statements need to be remembered through the obstacles and changes of life when, not if, “it” happens.

Voices of Ohana

May is National Military Appreciation Month.

“Why did you join the military?”

Photos by 500th Military Intelligence Brigade Public Affairs



“To be part of a community bigger than myself and serve my country, like many members of my family have done before me.”

Spc. Skyler Arnett
Signals analyst, Co. D, 715th MI Bn., 500th MI Bde.



“I did JROTC all through high school and loved it, so the Army is just what I’ve always wanted do.”

Spc. Christine Castle
Signals analyst, Co. D, 715th MI Bn., 500th MI Bde.



“Military service has been a long and proud tradition in my family, so I was naturally drawn to joining.”

Spc. James Daniels
Intelligence analyst, HHQ, 500th MI Bde.



“I grew up in a small town with barely any opportunities. I wanted to do something bigger and more respectable.”

Spc. Zachariah Price
Signals analyst, Co. D, 715th MI Bn., 500th MI Bde.



“I joined because I saw an opportunity to better myself and my family.”

Spc. Robert Schelske
Intelligence analyst, Co. D, 715th MI Bn., 500th MI Bde.

DOD releases suicide event report, changes reporting

JIM GARAMONE
American Forces Press Service

WASHINGTON — Suicide is a serious problem at all levels of the U.S. military.

And now the department has a base against which programs intended to prevent suicide can be measured.

In 2012, there were a total of 319 suicides among active duty personnel and 203 among those in the reserve components.

Suicide causes immeasurable pain, suffering and loss to individuals, families, survivors, military formations and military communities, said Army Lt. Gen. Michael Linnington, military deputy at the Office of the Undersecretary of Defense for Personnel and Readiness.

Linnington spoke in advance of the Department of Defense Suicide Event Report.

The 2012 suicide rate (expressed as a number per 100,000 service members) for the active component was 22.7. For the reserve components it was 24.2. Across the services in 2012, the Army had 155 Soldiers commit suicide. A total of 57 Airmen and 59 Sailors committed suicide, with 47 Marines taking their lives.

A total of 841 service members had one or



more attempted suicides in 2012.

The department does have preliminary read-outs of suicide data for 2013, Linnington said. In 2013, the active component rate has come down about 18 percent. The reserve rates rose slightly, he said.

“With an 18 percent drop in 2013, something is going right,” Linnington said. “One suicide is always too many, but we have to focus our efforts now where we think they are most needed.”

And that effort and money must go into programs that promote wellness and resilience, es-

pecially in those community-based programs that reach out to reserve component personnel, said Jacqueline Garrick, the director for the Defense Suicide Prevention Office.

The report is important, she said, because it gives officials data to back up decisions.

“It allows us visibility on what the issues and problems are, so we can look at our programs and see if we are matching up, and targeting the issues that we really need to target, specific to things that we know could help facilitate suicide prevention,” Garrick said.

Linnington said the data contained in the report ensures the department is not duplicating some efforts and leaving gaps in other areas.

Up through 2011, the department only captured suicide data on active duty numbers. This data meant active duty component personnel and reservists serving on active duty.

Yet, doing that only covered about 10 percent of the reserve components. Active duty personnel get treatment at camps, forts, bases and stations versus reservists who need the community-based programs.

“We weren’t gathering information on all reservists, and we didn’t have good data on what

was going on in the communities where these reservists live, work, play and get treatment,” Linnington said.

The time is right to deal with this issue, Linnington and Garrick said. Congress has fully funded suicide prevention programs the department needs.

“Even under sequestration, Congress provided us continuing resolution funding and the administration has really put a spotlight on this issue,” Garrick said.

The Defense Department is working closely with the Department of Veterans Affairs and the Department of Health and Human Services on this issue.

Military Crisis Line

The Military Crisis Line provides confidential help and can be reached at (800) 273-8255. Folks can chat online at www.MilitaryCrisisLine.net or send a text to 838255. In Europe, call 00800-1273-8255 or DSN 118.

Hagel, Dempsey sign 2014 DOD Human Goals Charter

AMAANI LYLE
American Forces Press Service

WASHINGTON — To reaffirm the Defense Department’s commitment to diversity, inclusion and fairness, Defense Secretary Chuck Hagel and the Chairman of the Joint Chiefs of Staff, Army Gen. Martin E. Dempsey, signed the 2014 Department of Defense Human Goals Charter, Monday.

The Pentagon ceremony, Hagel noted, marks an important milestone in the Defense Department’s efforts to ensure the organization remains a place of progress for service members and civilians.

“Our most important resource is our people, (and) the values expressed in the charter are as old as America itself,” Hagel said. “They’re at the core of DOD’s mission, as well.”

Hagel emphasized that ensuring all in the DOD have the opportunity to succeed, excel and reach their full potential is critical. He expressed particular pride in charter language updates in recent years.

“I’m proud that the language of the charter has been updated to reflect the contributions of

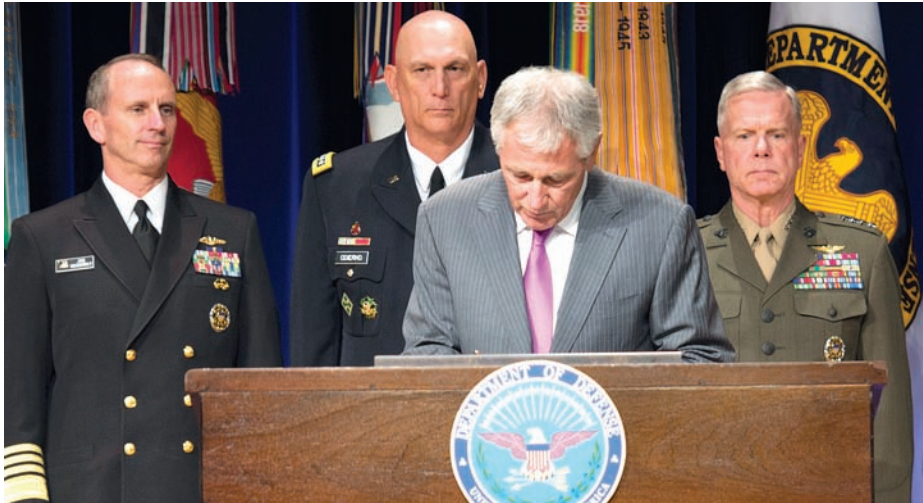
gay and lesbian military personnel who now serve openly and proudly across America’s armed forces,” Hagel said. “We will continue striving to make military service a model of equal opportunity for all, regardless of race, color, sex, religion, sexual orientation or national origin.”

Achieving these goals not only makes the military stronger, but also helps to continue fulfilling the nation’s promise, Hagel said.

“Our democracy is imperfect — all democracies are imperfect. ... But we’ve shown that we can change,” the secretary said. “We have to live the values we defend, and America’s all-volunteer force is at its best when it reflects all the people of our nation.”

Dempsey noted that 67 years ago in June, President Harry S. Truman spoke about civil rights and human freedom, particularly the necessity for the federal government to remain a friendly, vigilant defender of the rights and equalities of all Americans.

“The DOD Human Goals Charter we are resigning today affirms that noble American conviction,” Dempsey said. “The virtues we celebrate today are the very fabric of our profession



U.S. Marine Corps photo by Sgt. Aaron Hostutler

Secretary of Defense Chuck Hagel signs the Human Goals Charter during a signing ceremony at the Pentagon, April 28.

of arms. The quality, dignity and respect comprise the cloth of our culture.”

And the opportunity of service, Dempsey added, must reinforce what is best about America: a nation that he said cannot afford attacks of prejudice or discrimination.

Pacific Regional MEDCOM recognizes Best Warriors

Story and photos by
SPC. PAXTON BUSCH
Pacific Regional Medical Command Public Affairs

HONOLULU — Pacific Regional Medical Command honored the winners of its Best Warrior Competition during a ceremony at Tripler Army Medical Center, here, April 25.

This year’s winners, who are both from Schofield Barracks Health Clinic, were Sgt. Christopher Mitchell and Spc. Anthony Geckeler. Both are combat medics from Medical Company C, Schofield Barracks Health Clinic.

These two winners will move on to compete in the Medical Command-level Best Warrior Competition, that begins May 5.

Seven Soldiers from Japan, Korea, Schofield Barracks and TAMC competed against each other for the title. In the weeklong competition, non-commissioned officers and junior enlisted Soldiers participated in events, such as an oral board, a written test, a mystery event, qualifying on the Engagement Skills Trainer, an obstacle course, day and night land navigation and Army Warrior Task training. This year’s mystery event required

the warriors to properly put together the dress uniform of the opposite gender.

The Soldiers started each day of the competition early with either a physical or mental challenge; they had to work through weather conditions, tough terrain and stress in order to distinguish themselves as the best of the best.

Although the competition required a tremendous amount of endurance on the part of the competitors, participants say it was worth the effort.

“It was a big event, and I had a great time while doing it. I met a lot of great people, and I would gladly do it again next year,” said Sgt. Christopher Mitchell, competitor.

Although the entire group worked hard and did their best, there could only be one winner from the NCO and junior enlisted categories, said PRMC competition officials.

“It was a whole bunch of healthy competition. It was challenging and grueling, but overall, I thoroughly enjoyed participating,” said Geckeler, the junior enlisted winner. “I learned a lot about myself, and I know the others did, as well.”



Board members prepare to conduct the oral board with competitors on day one of PRMC's Best Warrior Competition at TAMC, April 21.



A competitor struggles with the mystery event of assembling the opposite gender's dress uniform, one of several challenges during the competition, April 22.

Tripler leaders set sights on new 2020 strategy for health of force, families

ANA ALLEN
Pacific Regional Medical Command
Public Affairs

HONOLULU — Department heads from Tripler Army Medical Center gathered, here, April 23, for a daylong strategic planning workshop with the goal of finalizing the hospital’s roadmap.

More than 90 civilian and military leaders from administrative and clinical departments, including the enhanced Multi-Service Market (eMSM),

were in attendance to review and provide feedback on the TAMC 2020 Strategy Map.

Lt. Col. Hugh McLean, TAMC commander for administration, said the plan provides TAMC with a singular focus, a clear set of objectives, metrics and initiatives that are nested in the surgeon general’s strategic plan and priorities.

Late last year, the surgeon general published the Army Medicine 2020 Campaign Plan and four priorities that include combat casualty care, ready and deployable medical force, readiness

and health of the force, and health of families and retirees.

“The completion of the new strategy was a team effort that reached across the entire organization and considered the input from every Tripler Army Medical Center employee,” McLean said. “We now have a direction that all 4,500 Tripler team members can move in to achieve the goals laid out by the surgeon general.”

“The strategic plan will not only add value to

the organization as efficiencies improve, but will also benefit our beneficiaries as we develop the plan with our customers and patients in mind,” said Maj. Pablo Rivera, action officer for the strategic workshop.

Hospital leaders plan to implement the new plan at the beginning of next quarter, Rivera added.

Tripler is one the first hospitals in Army Medicine to align its strategy with the surgeon general’s 2020 Campaign Plan.

Sea Dragons combine Thunder Ride with SAAM

Story and photo by
SGT.1ST CLASS KARRY JAMES
94th Army Air and Missile Defense Command
Public Affairs

FORT SHAFTER FLATS — The 94th Army Air and Missile Defense Command “Sea Dragons” successfully completed their quarterly motorcycle mentorship ride, April 25, combined with the unit’s ongoing Sexual Assault Awareness Month (SAAM) observances for April.

“A group ride is important to build team camaraderie, to ensure riders are in compliance with safety and to look out for each other,” said Command Sgt. Maj. Finis Dodson, senior enlisted leader, 94th AAMDC. “In a group, you have more eyes, a wider vision to see what is going on around you, and you’ve got somebody that you know — and can count on — right there to help if something were to happen.”

The ride had a twofold purpose: to ensure 94th Soldiers are adhering to motorcycle safety standards and to show support for the command’s and the Army’s SAAM campaign.

“I wasn’t real sure how we were going to make the ride be in conjunction with SHARP (Sexual Harassment and Assault Response and Prevention), but after they came up with the idea of putting the teal ribbons on our bikes and wearing the jeans for Denim Day, it all made sense,” said Staff Sgt. Adam Christiansen, targeting non-commissioned officer, 94th AAMDC and unit motorcycle mentor. “Plus, wearing jeans can be considered a safety issue because you need to have something sturdy on your legs.”

All the motorcycle riders attached a teal ribbon to their motorcycles after attending the SHARP program training, which included a cake-cutting ceremony for SAAM.

“I really liked the idea that we had these little ribbons on our bikes, supporting what the Army

is trying to do in getting the awareness of sexual assault prevention out there,” said Spc. Joseph Paulino-Wood, orderly room clerk, Headquarters and Headquarters Battery, 94th AAMDC.

After the trip, the Sea Dragon Thunder riders gathered around for a discussion on improving future motorcycle treks.

“The ride was successful, everybody had fun, and we all looked like Sea Dragon Soldiers out there, leading from the front,” Dodson said. “In the future, I’d like to get us to all having matching unit pride T-shirts showing our admiration for our unit and that we aren’t ashamed of who we are.”

Christiansen said, “We need to ride more, as practice makes perfect, and in order to get the new guys used to riding in a group. We need longer routes because in this ride we were stuck in traffic quite a bit, which really wasn’t all that fun. I think it’s just more fun to be free instead of in traffic.”

Paulino-Wood agreed.

“The ride was well organized, the route was okay and for a first-time group rider, I really felt comfortable with everyone giving out hand and arms signals as we went along,” said Paulino-Wood. “But, I just wish that there weren’t so many red lights along the way.”

The importance of continuous training on motorcycle safety and the 94th commander’s first priority, SHARP, are key in the prevention of the loss of Soldiers and the ability of the command to deploy to foreign regions to conduct training and contingency operations.

Dodson said that he and Brig. Gen. Dan Karbler, commander, 94th AAMDC, absolutely support SHARP. This event was their way of showing the 94th Soldiers that, as “One Team,” they’re committed to unit resiliency and care about the troop’s safety and actions.



Motorcycle Safety and Mentorship

The Motorcycle Safety Foundation offers free courses to riders at Schofield Barracks. If you’re interested in motorcycle riding, you can sign up online at <https://apps.imcom.army.mil/AIRS> for any Army installation MSF course.

According to the Motorcycle Mentorship Program page on the U.S. Army Combat Readiness and Safety Center website, the purpose of the Motorcycle Mentorship Program is “to establish voluntary installation-level motorcycle clubs where less experienced riders and seasoned riders can create a supportive environment of responsible motorcycle riding and enjoyment. Such an environment can create positive conduct and behavior and serve as a force multiplier that supports a commander’s motorcycle accident prevention program.”

For more about the Army’s Motorcycle Mentorship Program, including safety tips and training, visit <https://safety.army.mil/mmp/>.

Signaleers run, bowl, wear denim for SHARP awareness

MAJ. AVON D. CORNELIUS
311th Signal Command (Theater) Public Affairs

FORT SHAFTER — Soldiers and civilians of the 311th Signal Command (Theater) and 516th Sig. Brigade observed Sexual Assault Awareness Month (SAAM) to raise awareness and prevent sexual violence in the military through several unit activities, to include a SAAM run, a sexual assault stand down and a SHARP (Sexual Harassment Assault Response and Prevention) bowling tournament.

“The purpose of SAAM is to promote a culture in which we reduce sexual harassment/assault risks before they occur, introduce meaningful prevention activities, (and) facilitate and coordinate compassionate response to victims and their family members,” said Master Sgt. Astrid Jones, 311th SC (T) sexual assault response coordinator (SARC).

“Everyone deserves to be treated with dignity and respect,” said Col. Cleophus Thomas, commander, 516th Sig. Bde. “We all are responsible

for fostering climates of trust in the leadership and a culture where all allegations of inappropriate behavior are treated seriously — where a victim’s privacy is protected, where bystanders are motivated to intervene and where offenders know that they will be held accountable.”

The month’s activities culminated with Denim Day, where people were encouraged to wear denim to raise awareness about sexual assault.

In April 1999, California established the first Denim Day in the United States.

SHARP and SARC

SHARP was started in 2012 by the DOD to create a culture free of sexual assault through an environment of prevention, education and training. SARCs are tasked with helping the DOD achieve that goal.

“You’re either part of the solution or part of the problem,” said Thomas. “Take care of one another.”

PAU HANA

Shining Stars

"When work is finished."

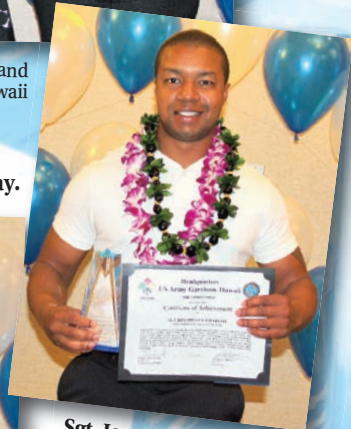


Photos by Erin Wright; Marketing: Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii

Volunteers (from left) Tonya Fabian, Dana Lashley, Sherry Eifler and Christina Giovanetti proudly display their awards during the 2014 Installation Volunteer Recognition Ceremony at the Nehelani, Tuesday.



(From left) Chelsea, Takae, Kai and Mylia Briggs, a Gold Star Family, proudly hold their Volunteer Family of the Year Award, given for their service helping other Survivors Outreach Service families and SOS activities.



Sgt. Jonathan Charlot, 3rd BCT, 25th ID (with his multiple awards), was named an Organizational Volunteer of the Year. He also received the Ambassador Volunteer of the Year award for his work with the Holy Family Home Orphanage and the Wolfhound family.

Garrison spotlights 800-plus 'inspiring' volunteers

SARAH PACHECO
Staff Writer

SCHOFIELD BARRACKS — Volunteers play an integral role in the U.S. Army, but often go unrecognized for the work they do raising funds, caring for the needy, training the inexperienced and lending assistance to ensure the mission at hand is completed.

This oversight was not the case Tuesday night, when Soldiers, families and friends gathered at the Nehelani, here, to salute the many volunteers who have served U.S. Army Garrison-Hawaii over the past year.

"Each of you here tonight has truly made a difference by contributing your time and talents to building a strong community, both on and off post, and by doing so, you've improved the quality of life for our Soldiers and their families," said Howard Johnston, deputy to the garrison commander, USAG-HI, and guest speaker for the 2014 Installation Volunteer Recognition Ceremony.

"As our 2014 Installation Volunteer Recognition Week theme states, you, our Army volunteers, have changed lives and our community," Johnston told the audience. "Whether you've volunteered one hour or 700, your incredible efforts this year saved the government literally \$1 million, all the while making it possible to impact hundreds of lives."

According to Johnston, nearly 850 volunteers contributed more than 70,000 volunteer hours to the Army Hawaii community in 2013 alone; however, Army Community Service (ACS) chief Brandi Stauber estimated the numbers are far greater.

"We know that there are many, many more thousands of hours out there provided by people who don't actually tell us they're volunteering," said Stauber.

"There are many (volunteers) out there who are under the radar," agreed Mary Ann Scott, project officer, ACS, DFMWR, USAG-HI.

"It's important for them to register with the Volunteer Management Information System, so they can put in their hours and be recognized appropriately," Scott advised, "and I

think it's important to recognize them, because they do make a difference in the community and for the quality of life for both civilians and military families."

The ceremony honored volunteers in the following three categories:

- Hours served, ranging from one hour to 700-plus;
- Volunteer of the Year, from each respective mission support command, tenant organization and volunteering agency; and
- Volunteer winners, from eight sub-categories, including Soldier Volunteer of the Year, Youth/Young Adult Volunteer of the Year, Volunteer Ambassador of the Year and Volunteer Family of the Year, which, this year, was a Gold Star family who received a standing ovation upon the award presentation by Johnston and Command Sgt. Maj. Philip Brunwald, senior enlisted adviser, USAG-HI.

"They are the backbone to many of our programs that provide amazing services to our families, to our Soldiers, to our civilians," Stauber said. "Our community would not be as productive without our volunteers. ... Some of our programs wouldn't exist, especially with the fiscal realities that we're facing.

"And," she added, "many of them do that expecting nothing back except to give to their community, and I think that's the heart of what a volunteer does — they give back to their community without expecting anything back."

"It feels like it's my job to give back," said Christina Giovanetti, wife of Sgt. Richard Giovanetti of Company D, 3rd Battalion, 25th Aviation Regiment, 25th Combat Avn. Brigade, 25th Infantry Division, and a volunteer who entered more than 700 hours of service last year with her unit's family readiness group and as a Girl Scout leader.

"It keeps me busy by giving back, and it keeps me centered," Giovanetti explained. "There's no better sense of reward than knowing that you're doing something good. The Army does so much for us to begin with. To be able to give back to that is amazing."

While volunteers have played key roles in

the lives of Soldiers and families as far back as the Revolutionary War, it wasn't until ACS was established in 1965 that they were officially recognized for their contributions.

Since its inception, ACS has been a leader in supporting Army volunteers, and in September 2002, the Army Volunteer Corps (AVC) was formed to unite all volunteers who support Soldiers and families — including the active force, National Guard and Army Reserve — and to

formalize the Army's commitment to volunteerism.

"It is so important that we thank (our volunteers) everyday, every time that they provide a service, and that we continue to let them know how important they are to sustaining the programs that we have and to make sure that they know that by giving of their time and energy. They are making a difference in the lives of people everyday," Stauber said.

"Inspire By Example" Nominees

U.S. Army Garrison-Hawaii honored 847 volunteers for upwards of 70,000 hours of volunteer service, as tracked through the Volunteer Management Information System from Jan. 1-Dec. 31, 2013.

Volunteers who entered 300-499 hours of community service are as follows:

- | | | |
|------------------------|-----------------|-------------------|
| •Trista Adamson | •Joy Hammer | •Priscilla Serna |
| •Kristine Bernard | •Leah Jones | •Michelle Simerly |
| •Jennifer Chandler | •Eugenie Joseph | •Janelle Vandal |
| •Sgt. Jonathan Charlot | •Mel Lugo | |

Those who entered 500-699 hours are as follows:

- | | | |
|------------------------|----------------|-------------------|
| •Capt. Forrest Cureton | •Martha Ragano | •Carmelita Torres |
| •Shelley Hansen | •Ediana Sallee | •Mark White |

Those who entered 700 hours and above are as follows:

- | | |
|----------------|-----------------------|
| •Sherry Eifler | •Christina Giovanetti |
| •Tonya Fabian | •Dana Lashley |

Additionally, Organizational Volunteer of the Year Awards were given to the following individuals for their work with their respective mission support command, tenant organization and volunteering agency:

- | | | |
|-----------------|------------------------|------------------------------|
| •Trista Adamson | •Sgt. Jonathan Charlot | •Michelle Simerly |
| •Ralna Burbank | •Karen Pipkin | •Sgt. Wilfredo Velesirizarry |

Finally, Installation Volunteer of the Year awards were bestowed to the following individuals in the respective categories:

- Capt. Forrest Cureton, Soldier Volunteer of the Year
- Tonya Fabian, Spouse Volunteer of the Year
- Takae Briggs, daughters Chelsea and Mylia, and son Kai, Volunteer Family of the Year
- Gregory Hinkle Sr., Civilian Volunteer of the Year
- Alexis Brodie, Youth/Young Adult Volunteer of the Year
- Amanda Guerrero, Retiree Volunteer of the Year
- William Kono, Purple Volunteer of the Year
- Sgt. Jonathan Charlot, Ambassador of the Year

Army teens recognized for talent and leadership achievements

State capitol hosts winners

SCHOOL LIAISON OFFICE

Child, Youth & School Services
Directorate of Family and Morale, Welfare and Recreation, U.S. Army Garrison-Hawaii

SCHOFIELD BARRACKS — Three Hawaii teens were honored for their individual talents and leadership skills, recently, after a year of mentoring by the Child, Youth & School (CYSS) Services' Youth Center staff, here, and at Aliamanu Military Reservation.

Alexis Brodie was named as Hawaii Boys & Girls Clubs of America (BGCA) Military Youth of the Year, Justin Brewer won the (Hawaii BGCA) Digital Arts Festival, and Micah Dunn received Honorable Mention in the Operation Homefront Military Child of the Year Award.

A trip to the Hawaii state capitol

While at the Youth of the Year competition at the Hawaii state capitol, Brodie presented her speech on overcoming adversity and becoming a leader of her generation.

"The Boys & Girls Clubs are an incredibly important part of the community," said Hawaii Supreme Court Chief Justice Mark Recktenwald, one of the four competition judges. "The

club members who participate in this competition reflect the best values of the Boys & Girls Clubs: honor, hard work, dedication, community service and perseverance. It's an honor to come here and learn more about their stories and to assist by being a judge in the competition."

The day ended with presentations on the House and Senate floors where Brodie received \$2,200 in scholarships, certificates from the Hawaii House of Representatives & Hawaii State Senate, and finally her 2014 Hawaii Military Youth of the Year Award plaque.

Brodie will be flying to California for the Pacific Region Youth of the Year competition, this summer. Regional winners will be awarded \$10,000 in scholarships and will represent their region at the Nationals in Washington, D.C.

"It is a tremendous honor to represent Hawaii as the Military Youth of the Year," said Brodie. "I would like to thank everyone that helped me prepare for the competition and



Brodie

who continuously help me in achieving my goals."

The songwriter

Did you ever wonder what it takes to be a popular songwriter?

Just visit Brewer at the AMR Youth Center, and he'll show you the skills that are required.

His digital music entry into the Hawaii BGCA 12th Annual Digital Arts Festival, titled "People Change," achieved first place in the competition.

This talented 16-year-old has an exciting career ahead of him.

Nearly half of all public schools do not offer visual arts programs. A big shout out goes to our Youth Centers where they are offering quality art opportunities during non-school hours.

"My song called 'People Change' is now being judged at regional level," said Brewer. "I spent hours in my room listening to the beat and taking little steps in creating strong and catchy lyrics for the song."



Brewer

Super military keiki

"The Military Child of the Year Award honors the resiliency and service to the country of our youngest heroes," said Jim Knots, president and chief executive officer of Operation Homefront. "These children thrive in the face of the challenges of military life with grace and courage, and (they) use that experience to become leaders in their communities."

In its sixth year, the program salutes amazing military teens like Dunn for demonstrating themselves as role model citizens in resiliency, leadership and achievement while facing the challenges of military family life.



Dunn

CYSS Youth Centers

For more information about Youth Center programs, call the School Liaison Office at 655-8326 or go to www.himwr.com/middle-school-a-teen-center.



Briefs

Today
Leisure Travel Services — The LTS has May specials for Horseback Riding, Sea Life Park and the Polynesian Cultural Center visits. Call 438-1985 (FS) or 655-9971 (SB).

Friday Lunch Buffet — FS Hale Ikena hosts special Friday-themed lunches, 11 a.m.-1 p.m., \$10.95 per person. Call 438-1974.

Aloha Friday Barbecue — The SB Leilehua grill offers a Friday barbecue lunch special, beginning at 11 a.m., until sold out. Menu items include smoked brisket ribs, pulled pork, barbecue chicken, pork chops, baked beans, cole slaw, potato salad and cornbread. Items cost \$8-\$10. Call 655-7131.

3 / Saturday
Outdoor Recreation Lei Day Celebration — All of the SB ODR weekend programs for May are 50 percent off when attendees wear their lei throughout the program.
•May 3 is Banana Man Chase,
•May 10 is Adventure Kayaking 101, and
•May 17 is Standup Paddle Boarding 101.
Call 655-0143.

SKIES Hula Classes — Hula classes are offered as follows:
•AMR, 8:30 a.m., Saturdays;
•Schofield Hula 101, 9:15 a.m., 4 p.m. and 4:45 p.m.; and Intermediate, 5:30 p.m., Wednesdays.
Call 655-9818 for class availability or visit www.himwr.com.

Ladies Golf Clinic — Ladies can experience a free 30-minute golf lesson at Leilehua Golf Course from PGA professionals. Lessons are offered the first Saturday of the month by appointment only. Call 655-4653.

4 / Sunday
Hale Ikena Sunday Brunch — FS Mulligan's Bar & Grill hosts from 10 a.m.-1 p.m. Call 438-1974.

5 / Monday
Pau Hana Social Hour — SB Kolekole Bar & Grill hosts an after-work fun time, 4:30-6:30 p.m., Monday-Wednesday, and 4-6 p.m., Thursday-Friday. Enjoy discounted appetizers and domestic draft beverages. Call 655-4466.

Cinco De Mayo — Celebration at Schofield Bowl, 6 p.m. till closing, with giveaways and buy-one, get-one-free bowling games. Snack bar features fiesta specials. Call 655-0573.

Mongolian Barbecue — Select your favorites from a large variety of meats and vegetables, 5 p.m., every Monday at SB Kolekole Bar & Grill, and grilling will be to your liking. Cost is 65 cents for each ounce.



Community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

Today
First Friday Street Festival — Honolulu Chinatown area galleries and other arts venues open their doors, 5-9 p.m., for artist receptions, live music and refreshments. Events are free, and gallery walk maps are available at various locations. Visit www.artsatmarks.com or call 521-2903.

University of Hawaii Baseball — The Rainbows play a four-game series with New York Institute of Technology, today, 6:35 p.m.; Saturday, May 3, at 3:35 p.m. (double-header); and Sunday, May 4, at 1:05



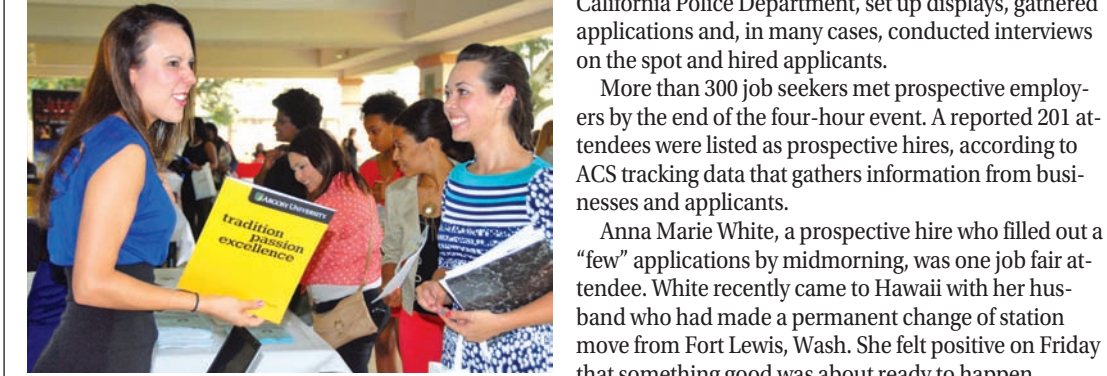
Jeanne Sablan (left), acting ERP manager, is joined by outgoing manager Yolanda Johnson following the signing of the Military Spouse Statement of Support. The document pledges the support of the State of Hawaii DOL and recognizes the ongoing support of Oahu business and government for targeting job opportunities to military spouses.

Garrison, state pledge hiring support

Story and photos by
JACK WIERS
Pau Hana Editor

SCHOFIELD BARRACKS — Representatives from the State of Hawaii Department of Labor and U.S. Army Garrison-Hawaii signed an agreement, here, Friday, in a formal ceremony that pledged continued support in the hiring and employment of military spouses.

At the same time, steps away from the formal ceremony at the Nehelani, hundreds of military spouses were busy being interviewed and, in many documented cases, hired for jobs at the 2014 Military Spouse Career Fair conducted by Army Community Service, Directorate of Family and Morale, Welfare and Recreation, USAG-HI.



Job applicant Anna Marie White (right), interacts with a prospective employer at the 2014 Military Spouse Job Fair at the Nehelani, Friday.

Signing renews support
The support statement document pledges cooperation between garrison and state officials, along with employers. The shared goals are employment opportunities, career support and the assurance of fair and impartial treatment of military spouses.

The signing ceremony included state and garrison officials and was the brainchild of outgoing ACS Employment Readiness Director Yolanda Johnson.

"I wanted to officially thank the employers and the military spouses because they both play a role," said Johnson.


Support for the signing initiative was unilateral. "They (state officials) were eager to do it," Johnson said.

Employment Readiness Program

The Employment Readiness Program primarily provides assistance to spouses in acquiring skills, networks and resources that will allow them to participate in the workforce and to develop a career/work plan.

Services are free to spouses, Soldiers, Reservists, retirees and relocating DOD civilian personnel. This service also extends to their family members. Services offered include employment counseling, assistance in job search and job skills training.

Call Army Community Service at 655-4227 or visit www.himwr.com/work-a-career-centers.



- 6 / Tuesday**
Taco Tuesday Night — SB Kolekole Bar & Grill offers three tacos, rice and beans specials for \$4.99.
- 7 / Wednesday**
Keiki Night — Every Wednesday night is Keiki Night, 5-8 p.m., at SB Kolekole Bar & Grill (655-4466) and FS Mulligan's Bar & Grill (438-1974). Kids younger than 10 years eat for a special price from the keiki menu.
- 8 / Thursday**
Leilehua Thursdays — Join Chef Devin Lee, 4:30-7:30 p.m., every Thursday, at Leilehua's driving range for hot dogs and burgers. Menu items cost \$3-\$4. Call 655-7131.
- 9 / Friday**
Intramural Women's Slow-Pitch Softball — Registration deadline is May 9 for the first-ever women-only event. Apply and pay at SB Mar-

tinez or FS PFCs.

Tournament will be held May 19-30 at the Stoneman Athletic Complex, SB; open to the Army — active duty, Reservists, National Guard, retirees and adult family members (18 and older), DOD and AAFES civilians (to include contractors) who work on an Army installation on Oahu.

All participants must possess a valid Army military ID card. Team registration is \$200. Call 655-0922.

- p.m., at Les Murakami Stadium.

7 / Wednesday
Shen Yun — Chinese artists from around the world present an evening of music and dance reflecting the 5,000-year-old Chinese culture, 7:30 p.m., May 7-9, Blaisdell Concert Hall. Purchase tickets in person at the box office, by phone (800) 745-3000, or online at ticketmaster.com.

10 / Saturday
Auditions — The Actor's Group (TAG) will hold auditions for men and women actors, 3-5 p.m., May 10-11, for the Richard Goodman play "Resistance!" at the Brad Powell Theatre. The show will run July 11-Aug. 3. Visit www.taghawaii.net.

Concert on the Lawn — Hilton Hawaiian Village presents Hawaiian music, barbecue and fireworks, 6-9
- p.m. General seating begins at \$25. Visit HiltonHawaiianVillage.com or call 947-7955.

Bill O'Reilly and Dennis Miller — Political pundits and FOX network regulars come to the Blaisdell Concert Hall, 3 p.m. Tickets are \$95-\$125. For tickets go to ticketmaster.com or call (866) 448-7849.

16 / Friday
Job Fair — The Army Career and Alumni Program and the Military and Family Support Center are hosting a mini-job fair, 10:30 a.m.-2 p.m., Makai Recreation Center, 1859 McChord St., Hickam, Bldg. 1859. Event assists Army and Air Force members affected by drawdowns and involuntary separations, with representatives from 35 companies attending. Call 474-1999.

20 / Tuesday
Education Fair — On post and
- visiting colleges offer representatives, 10 a.m.-2 p.m., SB Education Center, Sgt. Yano Library, 2nd floor.

23 / Friday
Pearl Harbor Boat Tours — The National Park Service and Pacific Historic Parks offer a fully-narrated boat tour of Pearl Harbor, May 23-25 at 2:15 p.m. and May 26 at 3:15 p.m. Call 954-8726 or visit the Pearl Harbor events page at http://pacifichistoricparks.org/phh_events.php.

31 / Saturday
AFCEA Scholarships — Armed Forces Communications and Electronics Association Educational Foundation Hawaii Merit Scholarship Award applications are now available. Deadline to apply is May 31. Email Info@AFCEAHiEducationFoundation.org or call 479-4705.
- 

Worship Services
- Additional religious services, children's programs, educational services and contact information can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

AMR: Aliamanu Chapel
FD: Fort DeRussy Chapel
HMR: Helemano Chapel
MPC: Main Post Chapel, Schofield Barracks
PH: Aloha Jewish Chapel, Pearl Harbor
SC: Soldiers' Chapel, Schofield Barracks
TAMC: Tripler Army Medical Center Chapel
WAAF: Wheeler Army Airfield Chapel
- Buddhist Services**
•First Sunday, 1 p.m. at FD
•Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass
•Thursday, 9 a.m. at AMR
•Saturday, 5 p.m. at TAMC, WAAF
•Sunday services:
- 8:30 a.m. at AMR
- 10:30 a.m. at MPC Annex
- 11 a.m. at TAMC
•Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC
- Gospel Worship**
•Sunday, noon. at MPC
•Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study
•Friday, 1 p.m. at MPC Annex
•Friday, 2:30 p.m., TAMC
•Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex
- Jewish Shabbat (Sabbath)**
•Friday, 7:30 p.m. at PH
- Pagan (Wicca)**
•Friday, 7 p.m. at MPC Annex Room 232
- Protestant Worship**
•Sunday Services
-8:45 a.m. at MPC
-9 a.m., at FD, TAMC chapel
-10 a.m. at HMR
-10:30 a.m. at AMR
-10:45 a.m. at WAAF (Spanish language)
-11 a.m. at SC (Contemporary)
Liturgical (Lutheran/Anglican)
•Sunday, 9 a.m. at WAAF
- 

This Week at the Movies

Sgt. Smith Theater
- Call 624-2585 for movie listings or go to aafes.com under realtime movie listing.
-
- Noah**
(PG-13)
Fri., May 2, 7 p.m.
Thurs., May 8, 7 p.m.
- Muppets Most Wanted**
(PG)
Sat., May 3, 2 p.m.
-
- Sabotage**
(R)
Sat., May 3, 6 p.m.
- Mr. Peabody & Sherman**
(PG)
Sun., May 4, 2 p.m.
- No shows on Mondays, Tuesdays or Wednesdays.
- | | | | |
|---|--|---|--|
| Calendar abbreviations
8th TSC: 8th Theater Sustainment Command
25th ID: 25th Infantry Division
ACS: Army Community Service
AFAP: Army Family Action Plan
AFTB: Army Family Team Building
AMR: Aliamanu Military Reservation | ASYMCA: Armed Services YMCA
BCT: Brigade Combat Team
BSB: Brigade Support Battalion
Co.: Company
CYSS: Child, Youth and School Services
EFMP: Exceptional Family Member Program
FMWR: Family and Morale, Welfare and | Recreation
FRG: Family Readiness Group
FS: Fort Shafter
HMR: Helemano Military Reservation
IPC: Island Palm Communities
PFC: Physical Fitness Center
SB: Schofield Barracks | SKIES: Schools of Knowledge, Inspiration, Exploration and Skills
TAMC: Tripler Army Medical Center
USAG-HI: U.S. Army Garrison-Hawaii
USARPAC: U.S. Army-Pacific
WAAF: Wheeler Army Airfield |
|---|--|---|--|

94th AAMDC teaches ‘health and wellness’ to keiki

Field day is designed to promote healthy, positive lifestyles

Story and photo by
STAFF SGT. JAQUETTA GOODEN
94th Army Air and Missile Defense
Command Public Affairs

HONOLULU — Soldiers from the 94th Army Air and Missile Defense Command brought smiles to the kids of Linapuni Elementary School during their field day, April 24.

The day of fun-filled physical activity was developed to help promote the school’s health and wellness program and to teach the students all about healthy living by doing activities such as shuttle runs, relays and basketball.

Soldiers of the 94th AAMDC supervised the different events and challenged the kids to try various exercises from the Army’s physical readiness training program.

“Watching the kids do push-ups and sit-ups with us during their field day was so exciting,” said Sgt. 1st Class Wesley Burton, chaplain assistant, 94th AAMDC. “They really enjoyed having us come out and sup-



Soldiers of the 94th AAMDC join students of Linapuni Elementary School for breakfast just before the the start of the school's annual field day, here, April 24. The 94th AAMDC and Linapuni have been a part of Hawaii's School Partnership Program since 2006.

port them during this time, and it shows that we are a part of this community, not just in it.”

The school staff and parents of the

students were very inspired by how the kids took to the Soldiers of the 94th AMMDC.

“It truly warms my heart to see the

kids so excited. Having the military here to help us is a plus,” said Susan Kando, community networking coordinator for the school. “We are very

grateful. If it wasn’t for the Soldiers of the 94th AAMDC, this day wouldn’t be the success that it is.”

The students rotated through seven different stations that all required some sort of physical activity and inspired the kids to stay active.

Field day is something the Soldiers of the 94th AAMDC support annually in addition to other events throughout the year.

“We love coming out and interacting with the kids, and they love to have us here to support them, as well,” said Sgt. Natanya Russell, intelligence analyst, 94th AAMDC. “It’s a great feeling to see how much of a positive impact we have on the kids.”

The 94th AAMDC has had a great relationship with Linapuni staff and students since becoming a part of the Hawaii school partnership program in 2006. When called on, the Sea Dragons are always available to lend a helping hand towards any school event where they are needed.

“The best part about today was that our Soldiers wanted to be here,” said Burton. “We were just as excited as the students and are looking forward to the next time we will be called upon.”

POHAKULOA TRAINING AREA,HAWAII PTA Big Island youth groups tour, learn

Recently, Pōhakuloa Training Area (PTA) hosted three different groups: the Kona Hongwangi Cub Scout Troup, the Hawaii Island Youth Corp and the Waiakea Elementary School.

After a quick welcome brief from the garrison commander, Lt. Col. Eric P. Shwedo, the groups were shown into a facility with static displays of animal control equipment, specialized protective gear, mock

See PTA B-6



Photo courtesy U.S. Army Garrison-Pohakuloa Public Affairs

Lt. Col. Eric Shwedo, commander, U.S. Army Garrison-Pohakuloa, meets with members enrolled in the Hawaii Island Youth Corps during a visit, recently.

Soldier assists top academic competition

SARAH PACHECO
Staff Writer

WAIKIKI — A Hawaii-based Soldier put his vast know-how to good use, recently, as a judge for the 2014 United States Academic Decathlon (USAD) national finals.

Staff Sgt. Arthur Dominguez, a contracting specialist with the 603rd Senior Contingency Contracting Team, 413th Contracting Support Brigade, volunteered to serve as a proctor for the multidisciplinary academic competition, held at the Hilton Hawaiian Village, here, April 24-26.

Among his duties, Dominguez was tasked with interviewing competitors in the areas of art, economics, language and literature, music, social studies and science, as well as overseeing the Super Quiz team relay.

“The interview portion is similar to how we would do our Army promotion boards, where we ask questions back and forth,” said Dominguez. “But, instead of being on the other side of the chair, we’re the ones asking questions. So, to me, it prepares the noncommissioned officer to be able to host a board.”

Dominguez was approached by the nonprofit educational organization, earlier this year, to help out with the three-day event due to his previous experience as a proctor for the Texas state competition.

A native of Corpus Christi, Dominguez also had participated in similar academic decathlons for three years while in high school.

“The Texas board invited me to judge nationals, since it was here (in Hawaii),” said Dominguez, noting he was the only Soldier to assist in the competition. (All other military volunteers were from the U.S. Navy.)

“Because this year’s theme was World War I, they were looking for military personnel to stand on stage to help proctor,” Dominguez explained.

As the finale to the USAD season, the national competition invited qualifying high school teams from throughout the U.S. to take part in a series of 10 challenges.

According to Dominguez, 34 states were represented



Photo courtesy Staff Sgt. Arthur Dominguez, 603rd Senior Contingency Contracting Team, 413th Contracting Support Brigade

Staff Sgt. Arthur Dominguez (left end), contracting specialist with 413th CSB, stands with other volunteer proctors at the U.S. Academic Decathlon National Competition.

at the finals; additionally, three teams from China and one team from the United Kingdom were in attendance, for a total of 55 teams.

“It was a good experience, even though my teams lost,” Dominguez said, with a laugh.

“The team from El Camino Real Charter High School in California won first place, and the only team from Hawaii (Kamehameha Schools) won second for Division III (small school),” he added. “Next year’s USAD finals are in California, near Disneyland, so I’m hoping I’ll be asked to participate again. If I’m not deployed, I’ve already got my housing arrangements planned!”

Do you micromanage keiki education?

With my 8th grade daughter’s midterm Parent Teacher Conference scheduled for this week, I find myself feeling guilty. Again.

“Hello Mrs. Molinari,” the teachers always start out, shuffling through files to find records pertaining to my child. “I’m sure you’ve been keeping up with your daughter’s grades on the online Parent portal, and know that she turned several assignments in late this term.”

Every time, I stare, like a deer in the headlights, thinking, oh shoot! I forgot to check that portal thingy again. Where did I write the username and password down anyway? But instead, I respond, “Yes, of course, I check the Parent Portal frequently, and I am very concerned. Obviously, if I had been informed of these assignments, I would have certainly made sure that our daughter turned them in on time.”

“But Mrs. Molinari,” the teachers inevitably retort, while I brace myself to be exposed as a fraud, “all the assignments are listed in advance on our class website and teachers’ blogs. You know that, right?”



Courtesy photo

Today’s parents are now expected to research, monitor and enforce children’s schoolwork.

THE MEAT & POTATOES OF LIFE

LISA SMITH MOLINARI
Contributing Writer

“Well, certainly!” I lie, scanning my brain for some kind of excuse for my parental neglect.

But, inevitably, like some kind of overage, juvenile delinquent who’s been cornered, I cower to the teacher’s authority and take the blame.

I admit that I don’t check the Parent Portal as often as I should. I concede that I’ve never read the teacher’s blogs. I divulge that I don’t know the class website address. I confess to never joining the parents’ Facebook group, using the class hashtag or following the school updates on Instagram.

I acknowledge that I haven’t figured out how to open the progress reports on Google Drive, and I reveal that I am totally clueless about this “Cloud” thingumabob that everyone keeps talking about.

I plead for forgiveness and promise that

from here on out, I’ll be good.

I sulk out of Parent-Teacher conferences and combat my shame with self-pity, pointing out that our parents never had to worry about checking online grade portals and teacher blogs. Parents in the 1970s came home from an honest day’s work in their gabardine slacks, and then, after a satisfying dinner of Swiss steak and canned peas, retired to the den to relax with a Vodka Gimlet and a riveting episode of “Gunsmoke.”

After cleaning tables and washing dishes, the children of the 70s were expected to finish their homework with minimal parental supervision. If our book bags contained graded papers or report cards, we were expected to hand-deliver those items to our parents. There was no need for them to snuff out their Tareyton 100s or get up from their avocado and gold lounge furniture, much less remember complicated website addresses and passwords. All they had to do was glance down at the papers in their polyester-ensconced laps during the Chiffon margarine commercials.

If the grades were bad, we got a lecture and were not allowed to go out and play. If the grades were good, our parents put the papers on our refrigerators with magnets.

Back in those days, parenting seemed straightforward — set clear expectations for kids, praise their accomplishments and let the school do its job. Today, parental roles have changed, whereby teachers create and assign work and parents are expected to research, monitor and enforce the details of assignments and grade progress.

I’m not sure which parental role is better for our kids, but I can’t help but think that I should have been born a generation ago. I’ve been known to put my children’s schoolwork on the refrigerator with magnets. I’d be quite comfortable in a Dacron sweater vest and gauchos. I’d have no problem whipping up a casserole using Spanish olives, cottage cheese or frankfurters. And I’d sincerely enjoy an evening watching “BJ and the Bear” on a console television, minus the cigarettes, that is.

But I have to confess, I’m just not good at micromanaging my kids’ education.

Guilty, as charged.

(A 20-year military spouse and mother of three, Molinari has plenty of humor to share in her column, “The Meat and Potatoes of Life,” which appears in military and civilian newspapers and at www.themeatandpotatoesoflife.com.)



Courtesy photo

The Schofield PX is offering prizes to the winners of the Patriot Pet dress-up contest, May 10.

PX to choose ‘Patriotic Pets’

ARMY & AIR FORCE EXCHANGE SERVICE
Public Affairs

SCHOFIELD BARRACKS — A bird in the hand may be worth two in the bush, but the latest Post Exchange, or PX, contest is focused on all manner of furry and feathered friends.

The Schofield Barracks Main Exchange store’s Patriot Family Pet Contest will reward \$250 in gift cards to four lucky pet owners.

From 10 a.m.-noon, May 10, shoppers are encouraged to bring their pet to the PX dressed in a costume and/or with any special talents for competition. Vendor partners will be available on-site with product sampling and with product information.

The first place winner will win a \$100 Exchange gift card, with \$75, \$50 and \$25 gift cards for second through fourth place.

“Pets mean a great deal to their owners,” said the Schofield PX manager, Terence Maynard. “This contest is about shining the spotlight on our extended Patriot Family members and expressing appreciation of our four-legged companions.”

More Online

Authorized PX shoppers can find out more details and enter the Patriot Pet Contest at www.shopmyexchange.com/patriotfamily.



New hotline almost here

ANA ALLEN
Pacific Regional Medical Command

HONOLULU — It always seems to happen at the most inconvenient time or place.

A worrisome health issue comes up, and you’ve got questions. If only you had a medical professional standing by to answer your questions over the phone, no matter when or where.

Enter the TRICARE Nurse Advice Line.

Beginning May 12, Hawaii TRICARE beneficiaries can call the Nurse Advice Line, or NAL, 24 hours a day, 7 days a week for medical advice.

Registered nurses are available to answer many urgent health care questions and help beneficiaries decide whether self-care is the best option or if it’s better to see a health care provider.

Lt. Col. Beverly Inocencio, nurse executive for the Pacific Regional Medical Command Army Medical Home Team, said, although beneficiaries can still call their primary care manager or a clinic, the new live phone service gives patients more options.

“It’s another avenue to reach a qualified medical professional to get questions answered without having to wait on the phone, schedule an appointment or deal with traffic,” she said.

Callers of the toll free number can expect a customer service representative to verify eligibility before being connected with an experienced and trained registered nurse who will ask a series of standard questions, allowing them to provide the best advice possible.

NAL also has the potential of decreasing emergency room visits to only true emergencies.

“The NAL soft-launched in 12 medical facilities where 95 percent of the callers had an intention of going to the Emergency Department. Once the nurse helped them navigate through their symptoms, 51 percent ended up just needing self-care, with 20 percent needing same-day appointments or urgent care.”

The NAL can also work in tandem with another TRICARE tool.

“The Nurse Advice Line and the TRICARE On-line Portal are two tools that give beneficiaries the ability to take charge of their health care. Beneficiaries can look up their own health information, referral status and even communicate with providers all from the comfort of home through TRICARE Online,” Inocencio said.

Call the Hotline 24/7
To access the NAL, beginning May 12, dial 1-800-TRICARE (874-2273); Option 1.



‘Fit’ Army Reserve family runs together

Story and photo by
LT. COL. MARK WOOMMAVOVAH
9th Mission Support Command

HONOLULU — The 9th Mission Support Command Fitness Club’s motto is “Fitness makes a difference.” This statement rings true for not just Soldiers, but their families, as well.

Spc. Alyson (Aly) Tugaoen, an information technology specialist with the 9th MSC Headquarters and Headquarters Company, has been involved with the 9th MSC Fitness Club for the last three years. Along with her husband, retired Sgt. Maj. AJ Tugaoen, they focus their energy on their kids, Noelani and Kekoa.

Aly and AJ bring their fitness and health-minded lifestyle home to ensure their children grow up with the same values they learned by being in the Army Reserve.

“It was really my husband who steered me in the right direction when it concerns exercise, eating right and living an overall healthy lifestyle,” said Aly. “We are trying to instill that in our children, as well. We want to raise a well-rounded individual.”

Three to four times a week the Tugaoens run as a family.

“Talent without discipline is like an octopus on roller skates. There’s plenty of movement, but you never know if it’s going to be forward, backwards or sideways.”

— Spc. Alyson (Aly) Tugaoen
Information Technology Specialist
9th MSC Headquarters and Headquarters Company

“It has really brought us closer together,” says AJ, “because we are each other’s cheerleaders and unconditional support system.”

They win most of their races because they love to run and they love to win. The 9th MSC Fitness Club allows Noelani and Kekoa to showcase their running talents, and in the past three years, the kids have averaged a top three finish in each of their age categories, running an average of 10 road races per year.

April 13, Noelani and Kekoa ran their first half-marathon.

“The Hapalua Half was the perfect course for them because it is mostly flat with the added challenge of Diamond Head at the end,” said Aly. “Since it was their first, we decided to be conservative, and have them run together.”

“Having that shared experience really does prove remarkable in the end, when you hear them pump each other up about how well their sibling ran,” she said.

The kids fell into the same age category for this particular race, 14 and under. Surprisingly, Kekoa took 4th and Noelani took 1st.

“Running up against 14-year-olds can be tough,” said AJ. “It’s all about the discipline.”

“Talent without discipline is like an octopus on roller skates,” said Aly. “There’s plenty of movement, but you never know if it’s going to be forward, backwards or sideways.”

The Tugaoens also emphasize to their children the importance of education and having a spiritually healthy lifestyle.

“They are successful in school because we spend the time coaching them academically,” said Aly. “We go to church together to nurture our spiritual life. We surf because this is the best way to



WAIKIKI — The Tugaoen ohana stand at the finish line of the third annual Hapalua Half Marathon, at Kapiolani Park, here, April 13.

forget our daily problems, and it is a blast. We volunteer our free time to connect with others and to reach out to the community, and the kids participate in team and individual sports to develop their competitive spirit.”

Discipline is what helped propel Aly to the title of Distinguished Honor Graduate as a representative of the 9th MSC at the Warrior Leader Course, held at Bellows Regional Training Institute in Waimanalo, April 12. This ceremony was one day before the half-marathon.

“Everything you need to know is in the Creed of the Noncommissioned Officer,” said Aly. “Being married to a retired sergeant major, I see firsthand the impact a well-respected Soldier can make in the lives of others. I want to live up to that in every way.”

They live by the Tugaoen creed: I am a leader. I’m a doer. I never quit. I am honest. I always do my best.

(Editor’s note: Staff Sgt. Joseph Vine, 9th MSC Public Affairs, assisted in the writing of this story. Woommavovah is the 9th MSC G33 chief of Operations.)

PTA: Instructional tours enlighten young visitors

CONTINUED FROM B-3

mapping of archeological sites and pictures of endemic and endangered Hawaiian plant and animal species.

Several Cub Scouts donned protective gear that was on display to get the feel of how PTA’s environmental crew performs its tasks out in select areas.

“I didn’t think this existed (indicating facilities and staff) ... that there is a whole department of Natural/Cultural Resources,” said Lynn Gusman, one of Hongwangi’s coordinators.

While in PTA’s interpretive gardens, the Cub Scouts were introduced to some of Hawaii’s endangered plant species.

“If you smell it, it smells like fish” said Paul Martin, PTA staff and Natural Resources specialist who introduced a rare plant relative to the sage family.

“We thought PTA had (only) guns and tanks as a training facility,” said Glenn Hirowatari, Cub Scout headmaster. “I think it’s wonderful; I wish we can keep coming all the time.

“He’s (Shwedo) doing a lot with us,” continued Hirowatari. “He hopes that (future) PTA commanders will continue to work with youth groups.”

On the same day, a group of young men with the Kona

Youth Challenge Corps visited PTA. They received the same itinerary: touring facilities, checking out military equipment and walking through both Natural/Cultural Resources areas and displays.

“It was the entire day. We were welcomed warmly and greeted with positivity that made the boys feel at ease,” said Anthony Savvis, Kona Youth Challenge Corps. “From all the different stations we went through — the wildlife, (the) EMT crew at the fire station — (they) let the boys know there are different aspects to (the whole of) PTA.”

The young men, observers noticed, took on the static displays with as much enthusiasm as the Cub Scouts.

On a separate day, Waiakea Elementary School students visited the base and were greeted by the Environmental, Cultural and Fire departments.

“I think it is well organized, plenty of hands-on activities with the kids. I think it’s great,” said Leanne Silva, a teacher, about the field trip to PTA. “The content matches the curriculum we teach!”

The goal of PTA’s tours and programs visits (to Natural/Cultural Resources) is to bring a new perspective to visitors and provide them with ways the military is working to be good stewards to the land.



Gregory McGruder (back row, second from right), store director, Schofield Barracks Commissary, stands with the winners of the commissary's second annual "Choose to Lose" program following a ceremony at the commissary, April 24. Pictured are (from left) Genel and Wade Oganeku, overall group winners; Brianne Nevill, consolation winner; Ed, Kendra and Skyler Dawe, overall family winners; and Paulette Bethel, overall individual winner.

Commissary ‘Losers’ win

Story and photo by
SARAH PACHECO
Staff Writer

SCHOFIELD BARRACKS — The Schofield Barracks Commissary gave a giant pat on the back to the winners of its second annual “Choose to Lose” weight-loss competition in a ceremony, here, April 24.

The contest began Jan. 17 and concluded with a final weigh-in April 18.

About 75 people signed up for the program at its launch, with the option to enroll as an individual, group or as a family, according to Gregory McGruder, store director, Schofield Barracks Commissary.

“The contest was a fantastic success,” said a very proud McGruder. “We had a great deal of participants, and they all made it to the end.”

Crossing the finish line in first place in each category were as follows:

- Paulette Bethel, individual winner;
- Wade and Genel Oganeku, group winners; and
- Retired Sgt. 1st Class Ed, Kendra and Skyler (age 9) Dawe, family winners.

Spouse Brianne Nevill also received a special consolation prize for “having a fantastic amount of weight loss,” said McGruder.

The overall category winners each received more than \$800 in monetary gifts from commissary vendors Kraft, Foster Farms, Nestle, Diamond Head Seafood and General Mills.

Terence Maynard, main store manager, Schofield Main Exchange, also presented the winners a new pair of New Balance shoes to help them continue their journey toward a healthier life.

“For me, this is going to be a lifestyle change that I intend to continue,” said Bethel, who signed up for the program as a way to jump-start her New Year’s resolution of losing weight.

“I was able to meet my goal, but I also learned better habits, like drinking more water and making healthy food choices,” Bethel said.

“It was nice to know there were other people doing this with me, so that even when I didn’t necessarily see the other people, I still knew there were other people out there going after the same goals as me.”

“They did a great job in teaching and promoting healthy eating habits,” agreed Nevill. “They would give us tips through emails, they sponsored events, and so it just got us moving, getting us ready for the year.”

Over the course of the three-month program, contestants were challenged not only to lose weight, but also to make positive changes to their diets and lifestyles, supported by the commissary through in-store promotions and workout opportunities.

“We entered this program to do things a little more consistently and more healthy, and to motivate us to exercise more,” agreed Wade Oganeku, flashing a thick stack of “Choose to Lose” bucks he and Genel had earned every time they exercised at the post gym.

“We do the Great Aloha Run, and we normally do the Ford Island Bridge 10K, and now my wife is signed up for a half marathon,” Oganeku added. “(This program) really motivated us to keep going to the gym and workout. It was fun.”

Other big winners of the day, though not present, were Eluwene Chang and Erin Murphy, who won a treadmill and bicycle, respectively, courtesy of Frito Lay and the Exchange.

“I would definitely like to thank the Exchange and the Directorate of Family and Morale, Welfare and Recreation for their support in utilizing the gyms and putting on Zumba classes, having flash mobs and fun walks, and for the prizes the Exchange provided,” McGruder said.

“I think we’ll hold this (contest) again,” McGruder added. “The first year was successful, and this was even more of a success, so it will definitely be something we’ll look at for next year.”